

April 28, 2023

Good morning! It's Rainie from the Seal Team, back with you all for Seal Summary Friday.

Today is National Superhero Day. When we hear the word superheroes, the thing that comes to mind are people who have extraordinary powers and use them to help everyone. Well, superheroes aren't just in comics or movies. In fact, firefighters, police officers, hospital workers all count as superheroes. So, today's holiday is here to remind you that superheroes don't always have to have superpowers. They can just be ordinary people who use kindness to help others.

As the saying goes, "Not all heroes wear capes." Today's holiday reminds us that we all have the power to be heroes in our own way and that even the smallest act of kindness can make a big impact.

Thanks for listening have a Flexing Your Superpowers Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

