

March 1, 2023

Good morning! It's Sophia from 731 and I'm here this Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Every year on March 1st, National March First Day is observed. On this day, everyone who overcame obstacles and became the first person in their family to accomplish a particular feat is honored. We honor everyone who first made such extraordinary accomplishments in their family, whether it was finishing high school, college, win an award or purchasing a home. This motivational holiday serves as a gentle reminder to everyone that, with the right attitude and commitment, any goal is attainable.

As Sandra Day O'Connor once eloquently put it "It's wonderful to be the first to do something, but I didn't want to be the last. And, if I did not do the job well, there might be no second woman on the court." Take advantage of today to get started on a project you've been putting off.

Thanks for listening have a Winners are Not Afraid to Lose
Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

