Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know that today is National Personal Space Day. It's a day to remember how important it is to respect each other's personal space. Whether we're in the hallway, in class, or even outside, it's good to give everyone a little room. This helps us all feel comfortable and respected.

I want to share a special quote with you today: "Space is the breath of art and life." This means that just like art needs space to be appreciated, we all need a little space to feel our best.

Let's make this Thursday special by being mindful of each other's space. Remember, a little space can make a big difference!

Thanks for listening and have a Thoughtful Boundaries Thursday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

