

April 24, 2026

Good morning I.S.201! This is Grace Zhang from class 832, here with you on behalf of the S.E.A.L. Team.

Learning isn't just about finishing homework or getting good grades, it's a way to grow your mind. When you learn new things, you start to think differently and understand more about the world around you. Instead of seeing hard topics as annoying or stressful, you can see them as opportunities to improve. The more you learn, the better you get at solving problems and asking questions, which helps you think more critically overall. As students, using learning to grow means being open to trying new things and not being afraid to mess up. Mistakes are actually part of how you learn, even if they feel frustrating at times. Asking questions and putting in effort can help you learn more during classes. Over time, all of this helps your brain become stronger and more creative, which can help you not just inside of school, but outside as well.

Like Leonardo Da Vinci, the affirmation of the day is, "I use learning as a way to grow my mind."

Thanks for listening and have a Figure Out Friday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

