

May 12, 2026

Good Morning! This is Leilani of class 731 speaking to you for today's Talk A lot Tuesday on behalf of the S.E.A.L Team!

Today's message is about being open to understanding the feelings of others. Sometimes we do not fully know what someone else is going through. A kind word, listening ear, or small act of patience can make a huge difference in someone's day. At our school, being understanding helps us build stronger friendships, a more positive community, and a place where everyone feels supported.

As the quote by Maya Angelou says, "People may forget what you said, but they will never forget how you made them feel."

So, today try to put yourself in someone else's shoes, show empathy, and remember that kindness and understanding can go a long way.

Like Sigmund Freud, the affirmation of the day is: "I am open to understanding the feelings of others."

Thank you for listening and have a Truly Understand Others

Tuesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

