Good morning IS 201! It's Elly from class 751 speaking on behalf of the SEAL Team, on this Motivational Monday.

From the book *Matilda*, one of the beloved author Roald Dahl's most famous books, according to *Matilda*, "Never do anything by halves if you want to get away with it. Be outrageous." Someone who never does things by halves completes their work very thoroughly and never misses a single detail. If you're going to do something, rather than spending a short time and putting barely any effort on it, why not go the longer way and still get better outcomes? Sure, finishing your work quickly does give you extra free time, but what about the quality of your work? If you're willing to put double the effort and time into it, you will see there's an obvious difference. You should not rush your work, too. Rushing will result in more stress and anxiety in life. By working thoroughly and making sure we are doing the right thing, we have higher chances of completing higher quality works!

Don't forget, the school play of "Matilda" is happening this week and it's an event you won't want to miss! Be sure to grab your tickets and join us

for a wonderful evening filled with music, dance, and of course, the magic of Roald Dahl's beloved story.

Thank you for listening! The SEAL Team and I wish you all a Maneuver Steadily Monday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

