

January 3, 2024

Good morning IS 201! It's Zia from 851 with Words of Wisdom Wednesday on behalf of the SEAL Team.

Today is January 3rd, and as we continue to learn and grow together in this new year, we also observe a special day known as Humiliation Day.

Humiliation Day is not about making others feel bad or embarrassed. Rather, it's an opportunity for us to reflect on the importance of treating everyone with respect and dignity, regardless of their background or beliefs. It's a day to think about how our words and actions can affect others and to commit to being kinder and more understanding.

Today, let's remember the wise words of author and philosopher Dr. Seuss, who said, "A person's a person, no matter how small." This quote reminds us that everyone deserves respect and kindness, no matter who they are.

So, let's take this day to be extra mindful of how we treat each other. Let's spread kindness, offer help, and make sure that everyone in our school feels valued and respected. Remember, a small act of kindness can make a big difference in someone's day!

Thanks for listening and have a Watch Our Words Wednesday 😊

Affirmation of the Day:

I will help if someone is having trouble understanding a topic.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

