Good morning, I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

Do you have someone you look up to in your life? Perhaps this person could be your parent, sibling, teacher, or even friend. The person that you might have in mind is called a role model. A role model is someone who's behavior and actions get imitated by others, usually by younger people. They often set examples for their peers, who are inspired and want to learn from them.

Having a role model in your life can benefit you by providing inspiration, motivation, and guidance. They help you learn from your mistakes, develop your social skills, and create a sense of purpose. When facing challenges, your role model is someone who stands by your side and faces it with you. They should be someone who always provides support and help when you need it. When others don't believe in you, this person does. Having said so, do you have a role model in your life? Are you someone's role model? If not, do you want to become one?

The affirmation of the day is, "I am passionate about making the most of my talents."

Thanks for listening and have a Follow your Mentor Friday SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

