

March 17, 2023

Good morning, it's Rainie from the Seal Team, back with you for Seal Summary Friday.

Today is a special day as we celebrate Saint Patrick's Day, a holiday that honors the patron saint of Ireland. Although the holiday has its roots in Irish culture, it is celebrated by people all around the world, regardless of their background. So, whether you're of Irish descent or not, take this opportunity to wear green and join in the festivities. Legend has it that if you catch a leprechaun at the end of the rainbow, you'll be rewarded with a pot of gold. While that may be a tall tale, it doesn't hurt to dream big. As we reflect on the holiday's meaning, let's remember to cherish the memories with our loved ones and spread joy wherever we go. And as the Irish blessing goes, "May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours that stay with you all the year long."

Thanks for listening have a Find Your Pot of Gold this St. Patrick's Day Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

