

February 2, 2023

Good morning IS 201! It's Irene Qiu from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know today is Optimist day? While it may be difficult to be positive every day, Optimist Day is the solution. On this day, you can choose to focus on the positive aspects of your life. "The positive thinker sees the invisible, feels the intangible, and achieves the impossible," Winston Churchill once said. So, on this day, be an optimist and always look for the bright side of things.

Thanks for listening have The Glass is Half Full Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

