Good morning! It's Sophia from 731 and I'm here this Words of Wisdom on behalf of the S.E.A.L Team.

Today, we gather to celebrate an important day in our nation's history—Flag Day! This is a momentous occasion where we honor our beloved flag, a symbol that represents the unity, freedom, and values we hold dear as a nation.

Flag Day is a reminder that our strength lies in our ability to come together, appreciating and embracing our diverse perspectives. By valuing and supporting one another, we strengthen the bonds that unite us. As Franklin D. Roosevelt once said, "Freedom cannot be bestowed; it must be achieved." Let's reflect on the freedom we have as individuals to make choices that positively impact ourselves and those around us. Through acts of compassion, inclusivity, and understanding, we can create an environment where everyone feels valued and supported. So, let's raise our flags high, not only with pride but also with a commitment to being responsible and compassionate citizens.

Thanks for listening have a We Uphold the True Spirit of Our Flag Wednesday (3)

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

