

January 12, 2026

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Did you know that today is National Youth Day? Initially, this day was chosen to honor the birthday of Indian monk and philosopher Swami Vivekananda, who was known for his strong belief in unity and large religious impact. Not only that, Vivekananda saw hope for the people of the future; he believed that children with "muscles of iron" and "nerves of steel" could bring about change in society. Because the youth is such a large percent of our population, as well as our impact on the world today, celebrations such as National Youth Day that empower young people can be important to notice. This shows that you can make a difference, even at a young age, and Swami Vivekanada is a prime example of that. Take this as an incentive that it's never too late and never will be too late to start. Even if you feel like you're ever falling behind, keep going and pursue wherever your passion may lie.

Like Martin Luther King Jr, today's affirmation is: "I Believe everyone should have equal chances in life."

Thank you for listening and have a Make Effort Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

