## March 30,2023

Good morning! It's Irene Qiu from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is a special day because it's "The Grass is Always Browner on the Other Side of the Fence Day" which is celebrated on March 30 every year. This day reminds us that sometimes we tend to look at other people's lives and think they have it better than us. But in reality, everyone has their own struggles and challenges. It's important to focus on the good things in our own lives and be grateful and happy for what we have.

As the American writer, Ernest Hemingway, once said, "Happiness in intelligent people is the rarest thing I know." Let's focus on finding happiness in our own lives, appreciating what we have, and not comparing ourselves to others.

Thanks for listening have a Thankful For What You Have Thursday 🕹

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

