Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know that today is World Quality Day! A day dedicated to recognizing the importance of quality in everything we do, from our studies to our friendships. Just like how you strive for excellence in your assignments, let's also celebrate the quality of kindness, respect, and teamwork that makes our school a great place to learn and grow.

In the wise words of Steve Jobs, "Quality is more important than quantity. One homerun is much better than two doubles." Today let's focus on those "homeruns" in our efforts whether it's acing a test, being a good friend or just offering a helping hand. Let's make today a day filled with intentional, excellent efforts and strive for the "homerun".

Thanks for listening have a Top-Notch Thursday ©

Affirmation of the Day:

I choose to be a positive influence by spreading kindness.

## SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

