

December 14, 2022

Good morning! It's Sophia from 731 and I'm here this Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

More Good Today Day is a unique holiday that is observed every year on December 14 in the United States. This day serves as a reminder to keep our attention on the good things in the world. The purpose of the holiday is to inspire more individuals to show charity and kindness. It serves as a reminder for people to consider those around them and offer support in whatever way they can. Making people's life happy can be done with only a simple act of kindness.

Every act of kindness has a positive impact on how we perceive ourselves, others, and the world around us. By doing good we feel more kind, self-assured, valuable, grateful for what we have in our lives.

Today and every day after that should be used to carry out good deeds in our lives. It benefits both the person performing it and the person receiving the act of kindness. Understanding when someone needs help enables us to mature, become responsible adults, and improve our world.

Thanks for listening and have a Willing To Help Others

Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

