## December 13, 2023

Good morning everyone! I'm Zia from 851, here for Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Did you know that today is the birthday of one of the most popular artists of this century: Taylor Swift?

She once said, "Anytime someone tells me that I can't do something, I want to do it more."

In other words, don't let other individuals hold back our beliefs in what we're capable of. Show them that we can do it, prove it to them, and surpass the rising doubts that we might have in ourselves.

Life is full of opportunities and obstacles, and it's essential to remember that while pursuing our goals and ambitions, we must also consider the well-being and feelings of those around us. Achieving success should never come at the expense of others.

So, as you go about your day, keep Taylor Swift's words in mind and let them inspire you to push the boundaries of what you believe is possible.

Thanks for listening have a Wave Goodbye to Self-Doubt and Welcome Self-Belief Wednesday.

## SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

