

February 5, 2024

Good morning IS201! It's Elly Wu Feng from 851 back with you on this Motivational Monday on behalf of the SEAL Team.

It's been 35 days since the new year and the 5th day of February! In this month filled with love and optimism, February is also National Black History Month. It's a month of remembrance, recognition, and education. We remember the contributions and sacrifices made by African American figures in history, while we also raise awareness about issues still present in society today. Education is also an important aspect of National Black History Month. February is associated with two prominent Black History Month figures' birthdays- Frederick Douglass and Abraham Lincoln. African Americans have contributed to the world as politicians, authors, pioneers, inventors, and athletes. It's important to recognize and appreciate all the impacts and changes they've made to society. According to Nelson Mandela, freedom "is not just to throw off one's chains, but to live in a way that respects and improves the freedom of others." Regardless of our race, religion, gender, or ethnicity, we should all respect one another. We can all work together to improve the world by showing each other respect and love.

Affirmation of the Day- “I treat others with care and respect.”

Thanks for listening have a Monumental Impact Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

