

October 9, 2026

Good morning, IS 201! My name is Leilani from class 831, and I am here with you on behalf of the SEAL Team for this Friday Focus!

Today is October 9th, which is recognized as Leif Erikson Day. Leif Erikson was a Norse explorer who is believed to have traveled from Greenland to North America around the year 1000, long before Christopher Columbus's voyage in 1492. Historians believe he reached an area that is now Newfoundland, Canada, showing just how much exploration and travel happened long before the technology and maps we have today. Leif Erikson Day is a chance to learn about his journey and the history of exploration.

His story also gives us something to think about as students: being curious can lead us to discover things we never expected. Whether you're exploring a new subject, trying something you've never done before, or simply asking questions, curiosity is an important part of learning.

The affirmation of the day is, "I choose confidence over doubt."

Thank you for listening and have a Find Yourself Friday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

