## November 15,2022

Good morning! It's Zain from 731 and I'm here this Talk A lot Tuesday on behalf of the S.E.A.L Team.

Did you know today is I Love to Write Day? The idea is to encourage people to sit and write something down on paper or a computer, no matter how brief or in what manner, to get their writing started.

Take a moment today to write anything, whether it's a message, a poem, or a short fiction. Today is the day to work on your writing. On our website, dykersealteam.com, under Knight Knowledge, you can find writing prompts to help you get started if you need ideas for topics to write about.

Simply said, "either write something worth reading or do something worth writing", as Benjamin Franklin famously said.

Thanks for listening have a Transcribed Tuesday 😂

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

