October 6, 2022

Hi! I am Irene from class 731 back again to do Thoughtful Thursday, It's Hispanic heritage month. Annually celebrated from September 15<sup>th</sup> to October 15<sup>th</sup>, these 4 weeks are to observe and celebrate the contributions, history, and culture of American citizens' ancestors who came from countries like Mexico, Spain, the Caribbean, and central and south America. Some things you can do for Hispanic heritage month are, read books written by Hispanic authors, go to Hispanic-owned restaurants; try some new food, and much more. I would also like to share a quote by Mahatma Gandhi -"No culture can live if it attempts to be exclusive." We all need to accept all cultures in order for our society to thrive.

The S.E.A.L team and I would like to end it off by reciting the S.E.A.L team cheer.

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned, no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile!

The S.E.A.L team and I wish you a terrific Thursday  $\textcircled{\ensuremath{\varpi}}$ 

