

April 27, 2023

Good morning! It's Irene Qiu from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is a special day where we can spread positivity and show gratitude to others. It reminds us of the power of gratitude and how a simple thank you can go a long way in making someone's day.

As John F. Kennedy once said, "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." So, let's make sure to not only say thank you, but to also live in a way that demonstrates our appreciation and gratitude for the people around us. Remember, a small gesture of appreciation can make a big difference in someone's life.

Thanks for listening and have a Thank You Thursday! 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

