

December 23, 2022

Happy holidays! It's Rainie from 731 here for S.E.A.L. Summary Friday.

Tomorrow is winter break and I'm sure you all are happy and relieved that break is finally here. I agree, because all of us need a well-deserved vacation, and my brain is already on break mode, but when we come back, we have to get ourselves back into learning mode. Now, here's a fun fact about today.

Many people don't care to research their ancestors, yet there are several reasons why you should. It's possible that your family's history is fascinating and engaging. You might be a different nationality than you first believed. Perhaps you are related to a renowned person, someone significant in history who helped found something important to modern day society, or someone else. National Roots Day is today, making it a fantastic day to accomplish this. Finding out more about your ancestors and family history is the focus of National Roots Day. As a result of your parents' choices, you are who you are now. It makes perfect sense that you might discover something fascinating about your ancestors and in your family history given how many people emigrate today in search of a better life for themselves and their

descendants, as well as for various other reasons such as religious persecution, war, poverty, etc.

Now, let's take a moment to recite the seal team pledge.

Thanks for listening have a Festive Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

