February 14, 2024

Good morning, everyone! It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L. Team.

Happy Valentine's Day! Today's the day to celebrate romantic love, friendship, and appreciation.

This day gives us an opportunity to show affection and to remind ourselves the importance of expressing love and care.

People use the words "love" and "like" all the time, and, although they are similar, they aren't the same. "Like" would be used to describe something close and alike, or "like someone" would be enjoying or, perhaps, agreeing to that person's company. "Love", on the other hand, would be an "intense feeling of deep affection". In other words, a fondness you feel for someone or something.

Although today is specifically devoted to expressing gratitude to our loved ones, we should never stop spreading it.

The affirmation of the day - I extend a helping hand without expecting anything in return.

Thanks for listening and have a Well-Expressed Love Wednesday 😂

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

