

January 31, 2024

Good morning, everyone! It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Today is Backwards Day. A day that encourages us to switch things up and turn away from our usual routine. Backwards Day gives us a new perspective, a new way of seeing things. We need to experience and embrace these different viewpoints because we need to understand that we aren't the same. Each one of us has many unique and remarkable qualities. And it's our many incredible and diverse personalities that give us strength to our community.

In honor of this day, why not try something new? Or reverse the order in which you might do something on a regular day?

The affirmation of the day: I value different perspectives that arise from our diversity.

Thanks for listening and have a Why Not Mix Things Up

Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

