Good morning! It's Rainie from the SEAL Team, back with you all for SEAL Summary Friday.

Everything around us, things that we use in everyday life, all started out as a tiny thought in someone's head and later evolved into what it is today. This is why March is International Ideas Month, celebrating the importance of ideas, no matter how silly they might seem at first. Ideas start out as tiny thoughts in your head that can become reality if you work hard towards making it come true. So, if you've had a good idea for a long time and aren't sure what to do with it, now's a good time to start making it come true. Ideas are easily forgettable, so you should definitely grab a post-it note to jot down any ideas that seem to have some potential.

As Henry Ford once said, "If everyone is moving forward together, then success takes care of itself." By coming together to exchange ideas, we create a better, brighter future for ourselves and for generations to come.

With that being said, it's time for the Seal Team Pledge.

Thanks for listening have Forward Thinking Friday (3)

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

