

April 5, 2023

Good morning everyone! This is Sophia from the Seal team with some Words of Wisdom on this Wednesday.

As middle school students, we may sometimes feel like we can't make a difference like adults can. But that's not true! Even though we can't drive or vote yet, we can still take action and work towards our goals.

We all have dreams and those dreams can turn into achievable goals. Whether it's helping the environment, cleaning up our oceans, or anything else, we can take action and make a positive impact. Don't doubt yourself just because you're young.

If someone tells you that you can't do something "because you're just a kid," remember that it's not true. We have so much potential and ambition, and we can use that to create change in the world. As Gandhi once said, "Be the change you want to see in the world."

Thanks for listening have a Willpower Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

