

March 23, 2023

Good morning! This is Irene Qiu from 731, on behalf of the S.E.A.L Team for this Thoughtful Thursday.

I'm here to remind you that this week is National Introverts Week! Introverts possess qualities that are invaluable to society. They tend to be great listeners and are often reflective and insightful. They are also known for their creativity, curiosity, and their ability to think deeply and reflectively. They are also highly observant and introspective and can be excellent listeners and thoughtful communicators. National Introverts Week provides an opportunity to celebrate and acknowledge these valuable traits.

In the words of Mahatma Gandhi, "In a gentle way, you can shake the world." Introverts may not be the loudest voices in the room, but their impact can be immense. Let us take this week to appreciate and support the introverts in our lives and recognize the contributions they make to society.

Thanks for listening have a Thinker's Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

