March 21, 2023

Good morning IS 201! It's Zain from 731 and I'm here this Talk A lot Tuesday on behalf of the S.E.A.L Team.

I wanted to share with you that today is National Courtesy Day. So, what exactly is courtesy, and why is it so important? Courtesy is all about showing kindness and respect to others, and it plays a crucial role in building a polite and moral society. As the saying goes, "Politeness costs nothing and gains everything." By being courteous, we not only help others, but we also become better people ourselves.

Therefore, let's take the time today to show courtesy to everyone we meet. Whether it's holding the door open for someone, saying please and thank you, or simply smiling and greeting others, small acts of courtesy can go a long way in making someone's day brighter.

Thank you for listening, and have a Tenderhearted Tuesday! SEAL Team pledge:

> We are the Dyker S.E.A.L. Team Positivity is our dream

We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

