

December 16, 2022

Good morning! It's Rainie from 731 speaking to you on this Seal Summary Friday on behalf of the Seal team.

December is Gift of Sight Month. It was designated Gift of Sight Month to emphasize how important the sense of sight truly is, and how we should raise awareness about the importance of eye health.

But what does Gift of Sight even mean? Well, it means that the sense of sight is a gift for us. We take vision for granted, and it's hard to be grateful for something when we were born with it and have been using it our whole lives, but many people in this world consider eyesight in general a privilege and luxury to have. Many of these people have never experienced good eyesight before, which just goes to show how important good vision really is.

Healthy eyes play a role in our everyday lives and future. Just imagine what it would be like if you couldn't see anymore. It's important to schedule regular eye exams and take good care of them. Make sure to see your eye doctor at least once every 2 years.

And now let's recite the Seal team pledge together.

Have a Full-Vision Friday! 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

