

February 1, 2023

Good morning IS 201!! It's Sophia back here with the S.E.A.L. Team on this Words of Wisdom Wednesday!

February First, is National Freedom Day. The purpose of this holiday is to honor the liberties that American citizens have, which we should never take for granted. Today specifically honors the day in 1865 when President Abraham Lincoln signed the 13th Amendment. This amendment is crucial because it abolished slavery in the US.

Let's take a moment today to reflect on how fortunate we are to have these liberties since freedom is one of the foundational values of the United States of America. We should all be appreciative of the many privileges we have access to as citizens of this amazing country!

Finally, let's listen to Nelson Mandela's sound advice. "For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."

Thanks for listening have a We the People of the United States Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

