

May 21, 2025

Good Morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

In Germany, we say don't spend your time chasing butterflies; instead, spend your time building a beautiful garden, and butterflies will come to you, and if they don't, you still have a beautiful garden. This saying shows the importance of focusing on creating something meaningful and beautiful (like building a garden) rather than chasing after something that is temporary (like butterflies). It means that if you focus on building a solid foundation in life, the good things will come naturally, and even if they don't, you'll still have something valuable— the garden you created. It's about putting your energy into something that lasts, rather than chasing after things that are short-lived. In the end, it's a reminder that real happiness comes from building something meaningful in life, rather than constantly chasing after things that might not stick around.

Affirmation of the Day: “ I am motivated to make the most of every moment.”

Thank you for listening and have a Wistful Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

