March 7, 2024

Good morning! It's Katie Chan from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is Thursday, March 7<sup>th</sup>. It is also Nametag Day. A Day to celebrate your name. It's a day dedicated to appreciating the uniqueness and importance of our names. Whether your name has been passed down through generations, chosen for its beautiful meaning, or is symbolic of a memory, each name has a story to tell. Today share those stories you're your friends.

Today let's wear our nametags proudly, not a label, but badge of our personal stories and identities. Your name is part of who you are. Each name has its own backstory. On this Nametag Day, let's all take a moment to celebrate the significance of our names and the stories they carry.

Thanks for listening have a True Identity Thursday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

