October 27,2022

Good morning! It's Irene Qiu from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L. Team.

If you weren't aware, today is National Mentors Day! I'll bet that practically everyone has someone they admire. The purpose of National Mentors Day is to recognize and spread awareness of the importance of having mentors and role models in your life. This day being founded in 2014, began as a way to make mentoring available to everyone. A way to get involved during National Mentors day is to say something thoughtful to someone who you look up to and is a role model for you.

As Oprah Winfrey famously put it, "A mentor is someone who allows you to see the hope inside yourself." So be sure to express your respect to them today.

Before I conclude with today's announcement, a fun fact: On October 27th, Theodore Roosevelt was born. How ideal! The 26th President of the United States was Theodore Roosevelt. He made wise decisions and demonstrated courage, growth, originality, charm, and leadership, making him an inspiring mentor.

Thanks for listening and have a True Leader Thursday:)

