

February 14, 2023

Good morning! It's Zain from 731 and I'm here this Talk A lot Tuesday on behalf of the S.E.A.L Team.

Happy Valentine's Day IS 201, Do you feel the love in the air? Although Valentine's Day is devoted to love and compassion, we should spread and experience love every day. Today and every day, go above and above to express gratitude to your friends and family.

But let's not forget "When you love yourself, everything else will follow. For anything to happen in this world, you truly need to love yourself" as stated by Lucille Ball

Thanks for listening have a True Love Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

