January 4, 2023

Good morning! It's Sophia from 731 and I'm here this Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Did you know today is Perihelion Day? You probably are thinking what is that? On January 4, 2023, the Earth approaches the Sun at its closest point roughly two weeks after the December solstice. Perihelion is the name given to this location on Earth's orbit around the Sun. Whereas every year, early July marks the Aphelion which is when the Earth is positioned farthest from the Sun around two weeks after the June solstice. It's interesting to note that while we are farther away during the sweltering summer, we are closer to our flaming star throughout the winter.

Why, you might be asking, am I teaching you science at this hour of the day? Because today's main theme is distance. Have you lost touch with friends and family? If so, now is the perfect time to "Perihelion" yourself to your distant friends and family. Become as close as you once were and inform your friends and family about what is going on in your life.

Thanks for listening have a Where are Your Relationships Wednesday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

