Good morning! It's Venice from 751 and I'm here this Motivational Monday on behalf of the S.E.A.L Team.

Did you know that today, a solar eclipse will be visible across North

America? A solar eclipse occurs when the Moon passes between Earth and
the Sun, obscuring the view of the Sun from Earth. Good places to watch it
are in Texas and include Kerrville, Lampasas, and Radar Base. However,
remember not to look directly at the sun during the eclipse without
protection, as it could cause permanent eye damage. This event can turn an
ordinary day into an extraordinary adventure, inviting people from all walks
of life to pause, look up, and share a celestial wonder. In this brief paused we
are reminded that life is beautiful and that we should take the take the time
to appreciate it because you know it will soon be gone in the blink of an eye.

Thanks for listening have a Moments to Cherish Monday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

