

November 13, 2025

Good Morning I.S.201! My name is Leilani from class 731, and I am here with you on this Thoughtful Thursday on behalf of the S.E.A.L Team.

Happy Thursday and welcome to another day of National Kindness Week! Today's reminder comes from Mark Twain, who said, "Kindness is a language which the deaf can hear and the blind can see." His words remind us that kindness isn't about big gestures but something everyone can feel, no matter what.

As you go through your day, think about how you can show kindness to someone. Maybe it's offering a friendly smile, including someone who's sitting alone, or thanking a teacher or staff member. Even the smallest actions can make someone's day brighter. Let's keep kindness at the center of everything we do.

Like Marie Curie, today's affirmation is: *"I am not afraid to be the first to try something new.."*

Thank you for listening and have a Try to Make Someone's Day Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

