October 20,2022

Good morning! It's Irene Qiu from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

For young people to grow into responsible, self-assured adults, a strong support system of positive role models is essential. On October 20, National Young Confidence Day, invites us to engage with and uplift today's youth for success in the future.

Welcome a young person into your life and learn to accept their faults by doing so. They'll make mistakes, interestingly, that you've made yourself. reassure them that these errors are only learning opportunities. Tell them that in order to succeed, they only need to gather experience and learn from their mistakes.

Thanks for listening have a Thoughtful Thursday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

