

April 19,2023

Good morning! It's Sophia from 731 and I'm here this Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Kindness. We were all taught in school, and at home to be kind to everyone around us, which is great! Being kind to the people around us can not only make them feel better, but can make you feel good as well. This simple act seems like basic human decency, but showing tenderness to the people around you has a greater impact than you think.

Simple things like sharing a smile, giving a compliment, helping someone in need, are all little everyday tasks we can do to show kindness. We might not think that it means much, but you never know how much that person needed your kindness. The act of courtesy is the bare minimum, but the impact it could have on someone is immense.

As Nelson Mandela once said, "It always seems impossible until it's done." Remember that even the smallest act of kindness can make a difference in someone's day, and it's never too late to start making positive changes in the world around you.

Also, a quick shout-out to all of our students who will be taking the ELA state today and tomorrow. Remember to take your time, stay calm, and do your best. We believe in you and know that you will do great! Good luck, I.S.201!

Thanks for listening have a Work It Kindness and Smarts Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

